

Bright Futures

Everybody needs a little help sometimes.

If you're feeling worried about your child or would like to make a change in your life, we're here for you and your family.

Some ways we can help **Get involved**

We can:

- offer advice and guidance for parenting or family conflict
- help with your child's education and learning
- Help yours and your children's health and wellbeing
- Support and advise with training, employment and benefits
- Help you connect with support in your local community

Your feedback and input is really important to us.

Get involved by:

- Becoming a Bright Futures Parent Champion
- Telling us your ideas to design and deliver our services
- Help gather family feedback

Find out more

Call our helpline on

020 7527 4343

from 9am to 5pm, Monday

to Friday or email

early.help@islington.gov.uk



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