

## What's On: Autumn / Winter 2023



### The Hilldrop Food Hub (term-time only)

**Tuesday Lunch Club & Social:** Join us on Tuesday mornings for tea & coffee and a FREE HOT LUNCH served after 12pm.

We're here to provide a supportive environment in which to relax, share problems and have a healthy meal. Guests are welcome to browse our book collection, get involved in craft activities or just relax in our warm rooms.

*Tuesdays (term-time) from 10 – 2.30pm in the Small Hall & Training Room.*

*Tea & coffee from 10am. Lunch served after 12pm. **Free.***

***There is no lunch club during the school holidays.***

All inquiries: [elaine@hilldrop.org.uk](mailto:elaine@hilldrop.org.uk). **The service is drop-in**, however if you wish to refer someone who may need additional assistance please contact Elaine.

### Sewing Course with Islington Adult Community Learning

**10 week course starting Thursday 21st September 2023. Note: This is not a drop-in and we are unable to take any new participants once the course is in progress**

Free course for sewers who want to get creative with their own projects and collaborate on community works. All levels are welcome to come along, make friends and learn and share new skills. No need to book, just come along. Equipment is provided.

*Thursdays (term-time) for 10 weeks. 10am to 12pm. Large Hall. **Free***

*The course does not run during school holidays.*

Contact: [elaine@hilldrop.org.uk](mailto:elaine@hilldrop.org.uk)

### Gardening (term-time only)

The **Hilldrop Community Garden** & nearby raised beds are the combined work of dozens of local volunteers who've given their time tending & improving them over the years. It's a perennial task, but very rewarding! We're always seeking green fingered volunteers to join us for our Thursday afternoon gardening session.

*Thursday afternoons (term-time) from 12 - 3pm. **Free.** There are no gardening sessions during the school holidays.*

Contact: [elaine@hilldrop.org.uk](mailto:elaine@hilldrop.org.uk).

### Hilldrop Ukulele Group (term-time only)

Singing and ukulele playing of classic and contemporary songs; rehearsals leading to group performances. Singers and other instrumentalists are welcome.

*Fridays (term-time), 12.30-2.30pm, Main Hall. **£1 - £2** contribution per session*

Contact: [office@hilldrop.org.uk](mailto:office@hilldrop.org.uk)

## Walking Art Workshops

Do you enjoy creative activities while getting out and about? Come along to the Walking Art Workshop.

Free to Camden & Islington residents. Beginners (new to walking and/or art activities) are welcome.

*Wednesdays from 12.15 to 2.30pm from 8<sup>th</sup> November to 13<sup>th</sup> December 2023. Meet in the Small Hall. Please arrive promptly to take part in planned walks.*

For more information and to register contact: [helen@cutmoose.com](mailto:helen@cutmoose.com)

## Creative Dinners

Cut Moose invite Islington & Camden families to Creative Dinners!

Come and make a meal with the family, play some arty games, and enjoy a free sit down dinner together. Ingredients provided.

*Wednesdays from 3.30 - 5.30pm from 8<sup>th</sup> November to 13<sup>th</sup> December (term-time). Free.*

Register by contacting Helen on 07773 760 594 or [helen@cutmoose.com](mailto:helen@cutmoose.com)

## CHOIR: The Camden Harmony Singers (term-time only)

The Camden Harmony Singers are a friendly community choir who sing a variety of music styles from folk to jazz, gospel to pop and songs from many cultures, traditions and faiths.

Singers of any ability are welcome to join, from complete beginners to those with more experience. Choir leader Aaron teaches all songs by ear, so there is no need to read sheet music.

*Wednesdays 6.30 - 8.30pm in the Main Hall (term-time – please check dates on the website).*

Please check term dates & prices at [www.camdenharmonysingers.com](http://www.camdenharmonysingers.com). **Fees apply** but the first session is free to new members.

Contact: [info@camdenharmonysingers.com](mailto:info@camdenharmonysingers.com)

## NLC Over 65's Social Groups

**North London Cares** bring together younger and older neighbours for conversation, support and activities. Regular social groups take place at Hilldrop.

Contact NLC directly for dates on 020 7118 3838

Email: [imogen.duffin@northlondoncares.org.uk](mailto:imogen.duffin@northlondoncares.org.uk) or [andy.naylor@northlondoncares.org.uk](mailto:andy.naylor@northlondoncares.org.uk)

Website: [www.northlondoncares.org.uk](http://www.northlondoncares.org.uk)

## **Bengali women & children's groups (term-time only)**

Social group for Women of Bengali heritage to network, learn Bengali and Arabic and study the Quran. Includes a weekly exercise session and homework club for primary aged children.

*Tuesdays 10am-12.30pm Main Hall*

*Saturdays (exercise) 10am – 12.30pm Small Hall*

*Tuesdays (children's homework club) 3.45 -4.30pm Small Hall*

Contact: [office@hilldrop.org.uk](mailto:office@hilldrop.org.uk)

## **Alcoholics Anonymous**

Support group to help men and women achieve and sustain sobriety.

*Sundays 12pm - 1.30pm, Small Hall*

Contact: [office@hilldrop.org.uk](mailto:office@hilldrop.org.uk)      National helpline 0800 9177 650

## **Kingsley Organisation – Chain Reaction in Town**

Members-only disability support group providing opportunities for personal development, education, training and independence.

*Mondays, Thursdays & Fridays 10am-3pm, Small Hall*

Contact: [antonio@kingsleyorganisation.org.uk](mailto:antonio@kingsleyorganisation.org.uk)

## **Olokoro Community Group**

A members-only gathering for the local Nigerian community that takes place on the last Sunday of each month from 6 – 9pm.

## **Children's Activities & Services**

### **Stay & Play (term-time only)**

Play group for under 5's and their parents, with weekly themes such as healthy eating, musical instruments and sing-along. Occasional soft play & messy play sessions focus on encouraging creativity and exploration. Parents can also borrow from a variety of books and toys kept in our **Toy Library** for up to two weeks.

*Mondays & Wednesdays from 9.45 – 11.15am. Main Hall.*

Cost: Minimum **£1** donation per child.

Register on arrival, or contact [office@hilldrop.org.uk](mailto:office@hilldrop.org.uk)

## **Play Project After School Club & Holiday Playscheme**

**The Holiday Play Scheme does not run over the Christmas School Holidays.**

Affordable childcare with a full range of fun and stimulating activities geared toward primary-aged children (4-11yrs) and run by our qualified, friendly and experienced staff.

Our **After School Club** runs from 3.45pm-6pm, Monday to Friday during term-time with free 'walking bus' collections provided to children from Hungerford and Tufnell Park Primary Schools.

Our **Holiday Play Scheme** runs from 8.15am-5.30pm Monday to Friday during the Half Term, Easter and Summer Holidays (excluding all Bank Holidays) and is open to children from any school.

**Fees Apply.** Visit [www.hilldrop.org.uk/play-project](http://www.hilldrop.org.uk/play-project) for further information

Contact: [iola@hilldrop.org.uk](mailto:iola@hilldrop.org.uk) (Manager) and [jahanara@hilldrop.org.uk](mailto:jahanara@hilldrop.org.uk) (Deputy Manager)

## **Bright Futures Early Help Service**

The Bright Futures Early Help team work with 5-19 year olds and their families to link them with services and activities designed to improve outcomes for children and young people.

*Advice sessions run on Wednesday afternoons from 2pm - 3.45pm at Hilldrop.*

To make an appointment with a practitioner, contact the helpline on 020 7527 4343 (Mon-Fri 9am-5pm) or email [early.help@islington.gov.uk](mailto:early.help@islington.gov.uk).