

Hilldrop Community Centre's Health & Wellbeing Fair Saturday 2nd July 12-4pm

Join us for our second Health & Wellbeing Fair, a day dedicated to relaxing and inspiring activities to improve mental & physical health and foster positivity.

There will be a free café, arts & crafts, and we'll be opening up our wildlife garden for therapeutic activities.

*** Relaxation * Health Foods *
* Herbal Remedies * Clay Modelling *
* Advice & Signposting ***

If you'd like to be involved, or run a stall or activity, please get in touch with Elaine by emailing elaine@hilldrop.org.uk

FREE

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HILLDROP
Community
centre