



Hilldrop
Family Support
Drop-in Session

EVERY
WEDNESDAY
1:30PM TO 3:30PM

Everyone needs a little help sometimes

We know that being a parent is not always easy and that all families need support at some stage as children grow up

Some ways we can help

- Advise on child behaviour, routines and parenting
- Strengthen family relationships and reduce conflict
- Help with your child's school attendance and learning
- Improve your families' health and wellbeing
- Offer advice on home finances, training and employment
- Connect you with activities and support in your local community



Call our helpline: **020 7527 4343**
9am to 5pm, Monday to Friday or email
bright.futures@islington.gov.uk